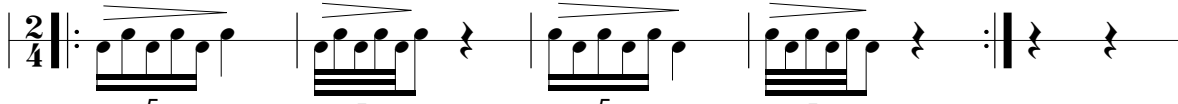


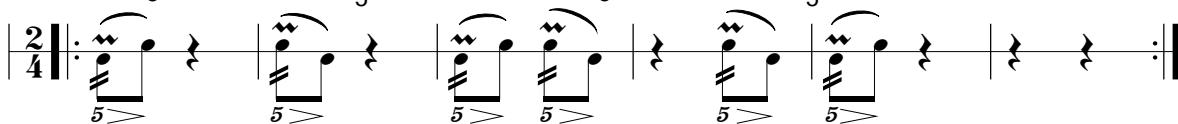
# FRISÉS DE 6 ET 7

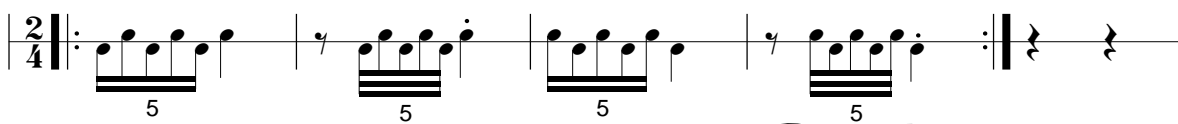
## conseils :

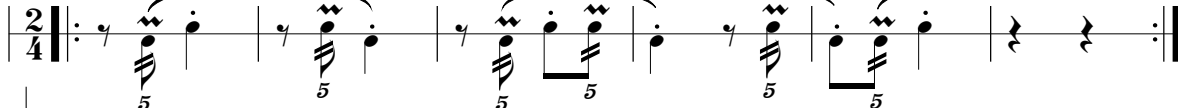
- voir page 85
- bien maîtriser ces frisés d'emploi courant
- obtenir une même qualité d'attaque des deux mains
- une terminaison toujours nette, marquée ou non

♩ = 80 // 108


**19-14-a** 

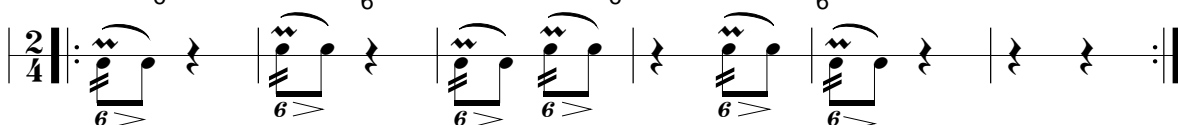
**b** 

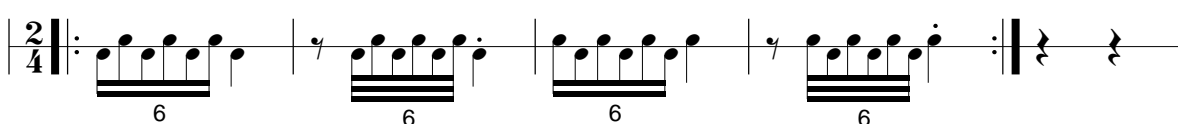
**c** 

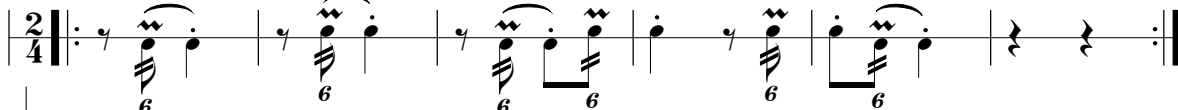
**d** 

♩ = 69 // 92

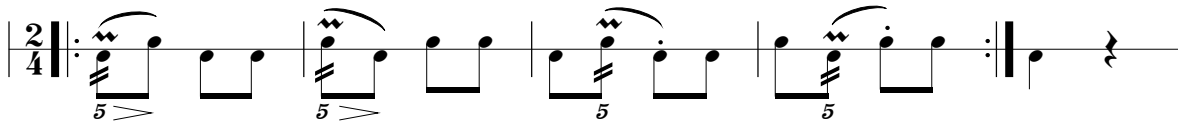
**19-15-a** 

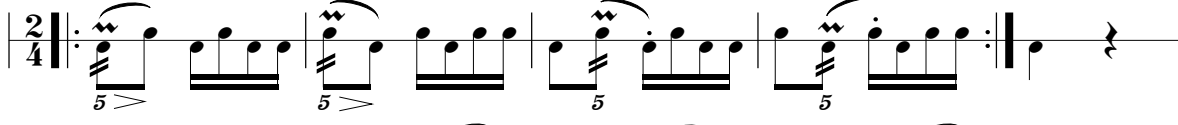
**b** 

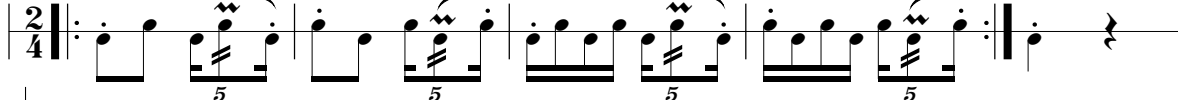
**c** 

**d** 

♩ = 80 // 108

**19-16-a** 

**b** 

**c** 

♩ = 69 // 92

**19-17-a** 

**b** 

**c** 